



# THE MENTAL WELLNESS AWARENESS ASSOCIATION

## Mental Health Advance Directives Training Proposal

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**Our Vision –**  
We envision a world that through public education values prevention, early intervention, scientific research, and cures of mental health problems for the holistic health of the individual and society.

**Our Mission –**  
We are building healthier lives free of mental health problems through educational outreach.

What are Mental Health Advance Directives (MHADs)?

- ▶ Document that allows you to make choices about mental health in advance of incapacitation.
- ▶ Addresses both:  
Informed Consent and Right to Refuse Treatment
- ▶ A 2005 Pennsylvania Law encourages MHADs

Who should have a MHAD?

- ▶ *Everyone* (18yrs+) should have a MHAD on file with their physician

Why is it important to have a MHAD?

- ▶ It is a natural part of a wellness plan
- ▶ It is the responsible thing to do
- ▶ It will protect you and your family
- ▶ You'll feel prepared to seek treatment
- ▶ It helps ensure proper treatment faster
- ▶ Encourages discussion of preferences
- ▶ You can designate an agent to make decisions for you if you are unable to do so on your own

How does the training class work?

- ▶ It is one hour or less
- ▶ Each agency should have two people trained
- ▶ A class of adults desiring to complete their own MHAD or to assist another individual can be trained, e.g. church members, fraternal benefit organizations, etc.

What will it cost?

- ▶ \$25 per person which includes powerpoint presentation and handouts

How do I schedule a MHAD training?

- ▶ Contact the MWAA at 717-957-3432  
or via MWAA@mentalwellnessawareness.org

**25 Spruce Road, Marysville, PA 17053**

[www.mentalwellnessawareness.org](http://www.mentalwellnessawareness.org) **717-957-3432** [mwaa@mentalwellnessawareness.org](mailto:mwaa@mentalwellnessawareness.org)